



Get the Sleep **You Deserve.**

Learn About Our In-Office Sleep Apnea Treatment Solution.

At Sleep Apnea Treatment Centers of America (SATCOA), we understand the severe health risks and daily discomfort that a person suffering from OSA experiences. That's why SATCOA physicians pioneered a safe and effective specialized treatment for people suffering from OSA called Temperature Controlled Radio Frequency Ablation (TCRFA) of the tongue. The TCRFA treatment is administered through a series of in-office treatments that work to tighten the muscles at the base of the tongue and prevent it from obstructing the airway during sleep. SATCOA's TCRFA treatment uses a FDA-Approved medical device and is covered by Medicare and most insurance providers.

Our goal is to obtain the most effective results to introduce not just a successful treatment to those suffering from Obstructive Sleep Apnea, but a cure.

To learn more about how this superior OSA treatment can help you sleep better and live healthier, visit us at CureMySleepApnea.com or call 1-855-DOC-4ZZZ.

Albany, GA
Douglas, GA
Savannah, GA
Statesboro, GA

Dublin, GA
Eastman, GA
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Call Us Today: 1-855-DOC-4ZZZ
www.CureMySleepApnea.com

What is sleep apnea?

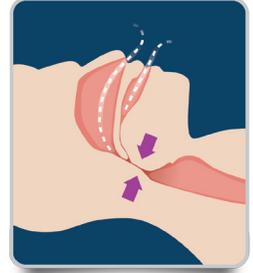
Sleep apnea is a common disorder that causes affected individuals to stop breathing for short periods of time while asleep. While the effects are the same, there are two primary varieties of the condition, obstructive sleep apnea (OSA) and central sleep apnea (CSA), which differentiate in their root causes.

Normally, without sleep apnea, your airway remains open. The airway consists of your nose, mouth, throat and windpipe. This allows the flow of air and oxygen into your lungs when you inhale and the flow of carbon dioxide out of your lungs when you exhale.

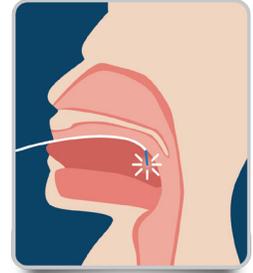
OSA can be mild to severe. Your airway may narrow or close completely. With little or no air flowing to the lungs, there is a decrease in blood oxygen levels. This signals your brain to disrupt your sleep which helps you open the airway. Sometimes obstructed breathing ends with a gasp. Episodes may last seconds to minutes, and recur 1 to 100 times per hour.



Normal Open Airway



OSA Sufferer



TCRFA to the base of the tongue

What is TCRFA?

Temperature Controlled Radio Frequency Ablation (TCRFA) directs small amounts of targeted energy to the base of the tongue in the back of the throat using a minimally invasive device. Each treatment is performed in less than 45 minutes and targeted energy delivery to the treatment area lasts just two to four minutes.

Following the procedure, the treated area heals and the tissue is tightened and reduced in size. This tightening and reduction will directly prevent the tongue from blocking the airway while the patient is sleeping. The office-based procedure is performed with topical anesthesia and is proven to be an effective treatment for patients with obstructive sleep apnea (OSA).

Recent report data reflected a 73% cure rate for SATCOA patients suffering from mild to moderate sleep apnea.

"My sleep apnea was inhibiting me from getting sufficient rest and I was waking up every 30 minutes. Since the procedure, I breathe better, my throat is open, and I rest better at night."



- Ronny Aycock

"Prior to treatment, I was up all night and was having seizures. After the procedure, my symptoms are gone. I would recommend this procedure to anyone suffering from sleep apnea."



- Samantha Fillmore

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