

PROCEDURE HANDBOOK

Description of our minimally invasive sleep apnea procedure



CureMySleepApnea.com

Untreated Sleep Apnea Risks

80%

of people with

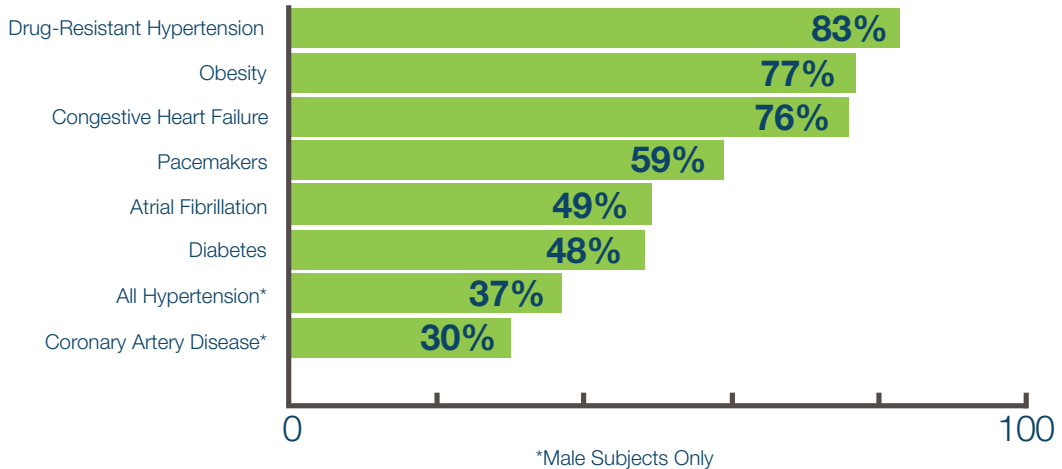
SLEEP APNEA

are

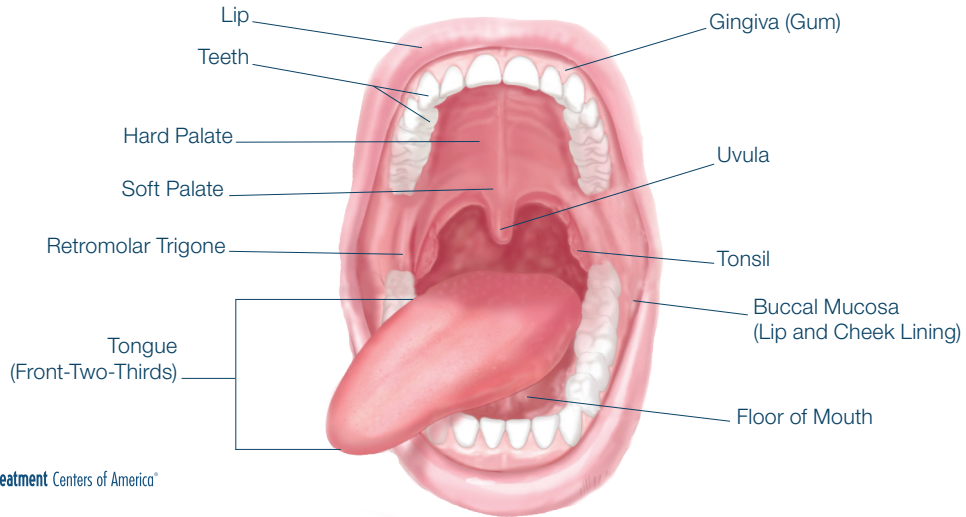
UNDIAGNOSED

- Stroke
- Myocardial infarction
- Hypertension
- Diabetes
- Depression
- Fatal car accidents

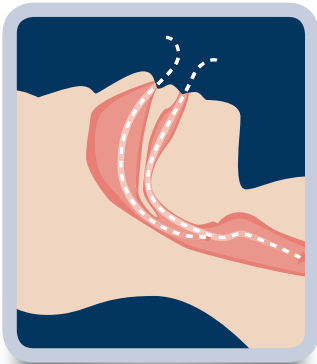
Comorbidities Associated with Sleep Apnea



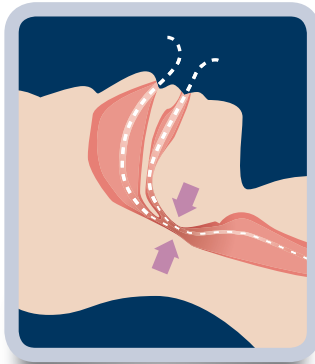
Anatomy of the Mouth



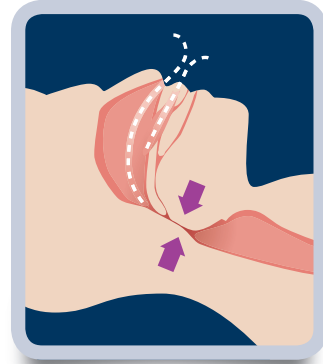
Blocked Airway



Normal Open Airway



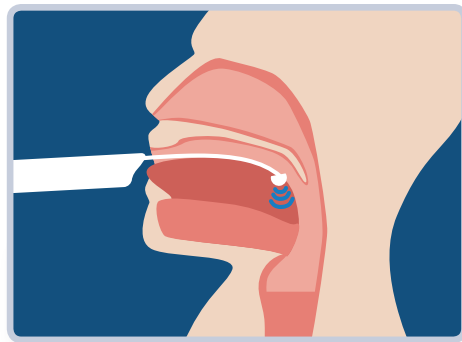
Partially Blocked Airway



Completely Blocked Airway

Treated Area

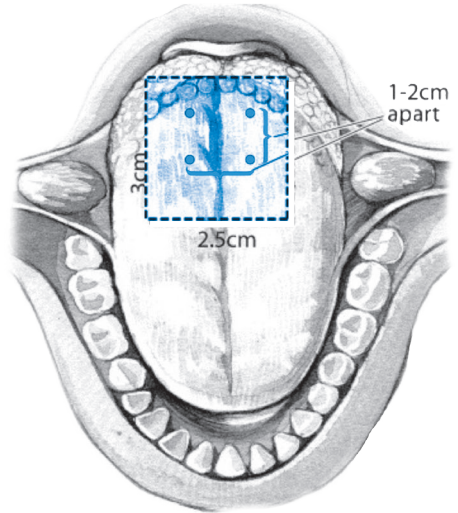
1. Instrument is inserted in the back of the tongue.
2. Targeted energy is delivered to four separate areas.
3. Entire treatment time is 2-4 minutes.



RFA to the Tongue Base

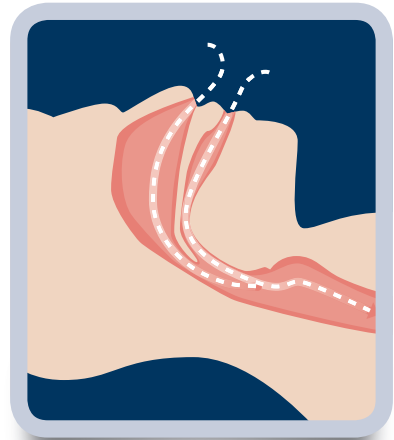
Minimally Invasive

- Treatment is performed away from the taste buds.
- The total size of the treatment area remains small to shorten healing time.
- Treated area heals and the tissue is tightened and reduced in size.



Open Airway

- Average patients need 6 treatments, once per month.
- The reduced size of the tongue base and the tightening of the tissue prevents blockage of the airway during sleep.



**Sleep Better.
Live Healthier.**



CureMySleepApnea.com